

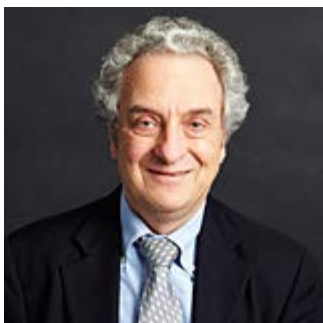
Welcome to the August 2012 CEPAR newsletter. www.cepar.edu.au



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CENTRE DIRECTOR'S MESSAGE

Welcome to the August newsletter - a policy focused edition. A lot of our recent activity has been focused on policy, including analysis of the current aged care reforms, research and evaluation of new policies, and novel research which may inform the policy agenda.

We are also partnering with the [ANU Crawford School](#)

PARLIAMENTARY BRIEFING ON AGED CARE REFORM

In a briefing to Senators and Members at Parliament House last week, CEPAR Professor Hal Kendig, told them of the need to move away from centralised programs and towards regional management of consumer directed care. He told MPs that aged care reform requires a whole of government approach.

Professor Kendig addressed parliamentarians at the invitation of the Parliamentary Library as part of its Vital Issues Program. The seminar program aims to give Senators, Members and their staff the opportunity to hear from experts on current issues.

[VIEW OR LISTEN TO THE PRESENTATION >](#)

REDUCE DEMENTIA RATES BY ADDRESSING LIFESTYLE FACTORS

In a recent national policy forum hosted by the [Council on the Ageing](#) (COTA), CEPAR Professor Kaarin Anstey, said government policy on dementia should focus on risk factors. Professor Anstey told the forum that dementia research shows focusing on particular lifestyle factors could reduce the incidence of the disease.

COTA is a peak national body representing older Australians and

[of Public Policy](#) to hold an event later this year for the "policy players" in aged care and population ageing.

[READ MORE >](#)



MORE CEPAR NEWS

CEPAR Director, John Piggott, has been appointed Associate Editor of a new journal - the *Journal of the Economics of Aging*.

FAST FACT

Figures from Treasury's 2010 Intergenerational Report predict that health spending as a proportion of GDP will increase from 4 per cent in 2009-10 to 7.1 per cent in 2049-50.

focuses on policy issues from the perspective of older people. COTA recently called for a National Older Persons Preventive Health Strategy and held a policy forum in Canberra on 15 May to bring together academic researchers, practitioners and consumers to identify the key components of such a strategy.

Based on the available evidence and what is currently possible, Professor Anstey outlined a range of policy approaches governments could take to help prevent the onset of dementia. She believes policy measures should focus on controlling factors that increase the risk of the disease.

"Based on statistical modelling and evidence from diabetes, it is highly probable that lifestyle interventions will prevent incident dementia cases," Professor Anstey told forum delegates.

Policy should promote physical activity, the dangers of smoking, eating fish, maintaining healthy weight, and preventing diabetes.

[READ PRESENTATION >](#)

CEPAR'S AWARD WINNING RESEARCH

Congratulations to CEPAR researchers, Professor Michael Sherris and Dr Katja Hanewald, and Maathumai Nirmalendran of Finity Consulting for winning the [Institute of Actuaries of Australia's](#) Melville Financial Services Award. The President of the Institute, David Goodsall, presented the trio with the award at a gala dinner in Sydney on 14th August. Read their award winning paper [HERE >](#)



Left to Right: Sherris, Goodsall, Hanewald & Nirmalendran



Sneak Peek!

An article on Australia's pension and retirement system by John Piggott and Rafal Chomik is to be published in the September edition of [*The Australian Economic Review*](#).

The article is titled "Pensions, Ageing and Retirement in Australia: Long-Term Projections and Policies" and is based on a Working Paper that is available on the CEPAR website.

Click [HERE](#) to view it.



Staff Profile

Dr Tim Windsor is an Associate Investigator with CEPAR based at Flinders University in South Australia. He is particularly interested in research on the psychosocial aspects of adult development and ageing.

Tim is a keen guitarist whose dream is to play with Nick Cave, and if he wasn't a researcher you might find him playing his guitar on the streets of Barcelona!!!

[READ MORE >](#)



Upcoming Events

27-28 September 2012, Canberra
[National Dementia Research Forum](#)

19-20 November 2012, Brisbane
[Emerging Researchers in Ageing Conference](#)

4 December 2012, Canberra
Policy Dialogue on Aged Care Policy Reform.
Hosted by CEPAR and the Crawford School at ANU.
Details to come.



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FEATURED RESEARCH

A new CEPAR research report on people aged over 55 shows that the neighbourhood you live in has a direct impact on your wellbeing and quality of life. The study was led by CEPAR's Tim Windsor for [National Seniors Australia](#).

[READ PUBLICATION >](#)



DEMOGRAPHIC NEWS

CEPAR Deputy Director, Peter McDonald, is also the Director of the [Australian Demographic & Social Research Institute](#) (ADSRI) based at ANU, which is internationally recognised as a leading institution for demography and social research.

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